**Audrey Adkins Professional Profile**

A results-driven leader with Fortune 50 Supply Chain Operations experience, Audrey blends business acumen with a servant leadership style. Her coaching sparks transformation in both personal and professional domains. With a strong track record in business, leadership development, diversity and inclusion, Lean Six Sigma, operations, and process improvement, she consistently delivers results.

Audrey is a Certified International John Maxwell Speaker, Trainer, and Coach. She also holds certifications as a DISC Behavioral Assessment Trainer, Continuous Improvement Master Trainer, Dream Builder Coach, and Certified Life Mastery Consultant through the Brave Thinking Institute.

For Audrey, leadership means vision, purpose, and inspiring results through people. She fosters trust and accountability, empowering others to create a high-performance culture. She thrives on solving complex problems with a process-driven, people-centric approach and is committed to ongoing learning and unlocking potential in others.

A defining moment came when Audrey was asked, “If your team could choose their leader, would they choose you?” This question prompted deep reflection, reinforcing her belief that leadership starts with self-leadership.

With a proven track record in operations, supply chain, and people development, Audrey excels in training individuals and teams, driving excellence and continuous improvement. Her ability to transform challenges into growth opportunities makes her a valuable asset in any professional setting.

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Professional Photos for Promotion (Also found in Speaker Kit Folder):  
[Photo 1](https://awakeatthehelm.com/wp-content/uploads/2025/02/AudreyAdkins-Portrait-1.jpg)   |   [Photo 2](https://awakeatthehelm.com/wp-content/uploads/2025/02/AudreyAdkins-Portrait-2.jpg)   |   [Photo 3](https://awakeatthehelm.com/wp-content/uploads/2025/02/AudreyAdkins-Portrait-3.jpg)