



Developing Leaders,
Breaking Through Barriers,
Maximizing Impact

AUDREY ADKINS

LEADERSHIP COACH, TRAINER & SPEAKER

Audrey Adkins is a Certified International John Maxwell, Speaker, Trainer, and Coach. Additionally, she holds certifications as a DISC Behavioral Assessment Trainer and a Continuous Improvement Master Trainer. Her credentials extend to being a Dream Builder Coach and a Certified Life Mastery Consultant through the Brave Thinking Institute, the premier training center for transformational coaching.

A results-driven leader with a proven track record of business success. She believes growth and development are key drivers of sustainable results. Audrey excels in strategy development, business planning, continuous improvement, process implementation, and data analytics, leveraging these skills to drive outcomes. With deep expertise in leadership development and change management, she transforms complex problems into actionable solutions, empowering teams and organizations to thrive.



Enhance your effectiveness, reduce your weaknesses, and increase your overall impact by growing your capacity to lead.



AWAKE AT THE HELM
ELEVATING YOUR LEADERSHIP

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ELEVATE YOUR LEADERSHIP:

Personal Growth as the Path to Success

If It's to Be, It Begins With Me.

Personal growth is the starting point for **everything**—for your personal success, career progression, and leadership. When you commit to growing yourself, you unlock the power to achieve more than you ever thought possible. Whether you're looking for a career breakthrough or simply wanting more out of life, growth is the path to get there.

This Talk Is For You If:

- You're ready to break through barriers and unlock your full potential.
- You're striving for a promotion and want to gain the momentum to make it happen.
- You're feeling overwhelmed and want to find focus and clarity in your life.

If you're ready to elevate your leadership and reach your highest potential, don't miss this!

Why You Should Attend:

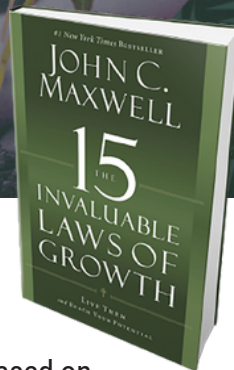
This is more than just a talk—it's an invitation to transform. You'll leave with a deeper understanding of the growth process and practical tools to elevate your leadership and unlock your potential. Are you ready to begin your journey? Let's get started.

Topic Overview:

In this inspiring talk, we'll explore how **personal growth is essential for leadership and success**. Based on John C. Maxwell's *The 15 Invaluable Laws of Growth*, you'll learn key principles that can accelerate your growth and unlock your full potential—both personally and professionally.

Key Takeaways:

- **The Law of Intentionality:** Growth doesn't just happen. You must be intentional with your actions to create lasting change.
- **The Law of Awareness:** Knowing yourself is the first step toward meaningful growth—understanding your strengths and areas for development.
- **The Law of Consistency:** While motivation can get you started, it's discipline and consistency that will keep you growing.
- **The Power of Growth:** Discover how small, intentional actions can get you out of stagnation, lead to massive, lasting success.
- **Practical Techniques:** Simple, actionable strategies to accelerate your growth and leadership.
- **Curiosity & Consistency:** Embrace the mindset and habits that will propel you toward continuous growth and leadership success.



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THE VISION WORKSHOP:

3 Keys to Accelerating Your Results



My Passion

I am deeply passionate about empowering leaders to break through long-standing, persistent challenges, helping them achieve faster results and sustainable success without burnout.

My Mission

My mission is to simplify leadership by creating effective, stress-free systems that help high-performing teams stay aligned with business goals. I do this by focusing on establishing clear processes, measurable metrics, and impactful reviews to drive results. Through fostering a culture of trust, open communication, and accountability, I empower leaders and teams to achieve lasting success together.

This Talk Is For You If:

- You want to discover your true purpose
- You would like to eliminate fear, doubt, and worry and move toward your goals with confidence
- You'd love to achieve greater results with less effort

Topic Overview:

In 1853, Henry David Thoreau wrote a famous essay called "Walden," in which he included **a hidden code** for prosperous living. During this dynamic Vision workshop you will unlock this code so that you can harness your life's purpose and the prosperity you deserve!

You Will Learn:

- **A 5-point test** for determining whether your dream or goal is right for you.
- **Simple thinking-strategies** that will guard you from fear, doubt and worry.
- **The number one factor** that causes people to lose steam when going after a goal, and how to stay motivated and override it.
- **A proven method for dissolving resistance** you may have to prosperity so you can attract higher levels of results and abundance.
- **And much more!**



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